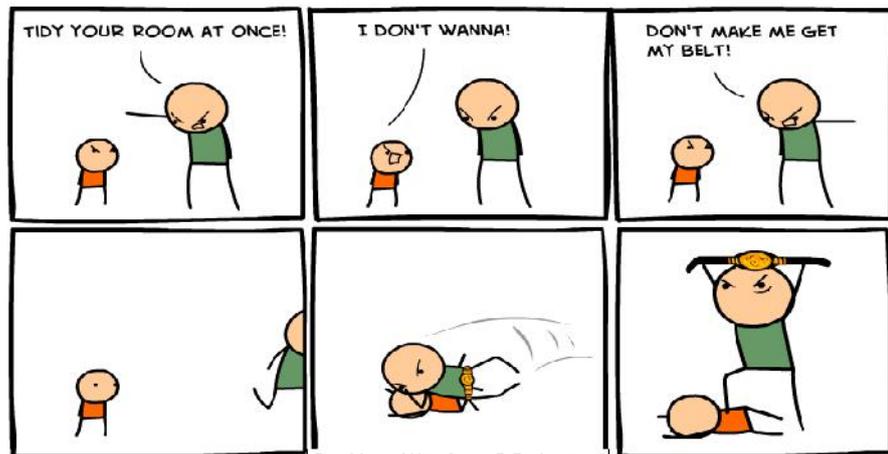




1. Are you a parent who likes to make or break the rules? Do you ask your child to do as you say without answering their questions? Do you wish that your child should obey what you've asked him to do?

Setting boundaries is good but you should also keep in mind that your behaviour might be leaving some impact on your child's mind. Your child might become harsh to you, they may lie to you or would become secretive. So instead of being the boss you can maybe try telling your child that they're

going wrong somewhere rather than punishing them. Explaining them the correct way of doing something would save the unnecessary negativity that is spread in the house.



2. Do you spend all your time when you are home, working? Are you constantly involved in something else? Does your child complain that you never have time for him?



Here your child might become an attention seeker and will intentionally disturb you

because they don't find you physically affectionate enough. So, for once after a tiring day at work when you come home greet your child with a warm smile and a tight hug, sit with your child and ask them how their day was. This would immediately make your child feel loved.

- 3. Do you set rules and then change them? Are you a strict parent one day and lenient the other day? Do you have a lot of time for your child one day and then you aren't free for the rest of the days in the week?**



Then your child might become excessively jealous, as you might be congratulating them in every successful completion of a task without giving them a chance to grow. So you should decide on one fixed pattern of parenting. It should be a balanced mixture of both strict and lenient ways of handling your child. Lend a guiding hand to your child. Children look up to you for advice. They'll do wonders!

Follow the link: <http://www.youtube.com/watch?v=oknZ-Hp5QEw>

- 4. Are you a warm and supportive parent? Do you allow your child to do whatever they wish to do? Do you also set certain boundaries that need to be followed?**

Continue the great job then. Just accept your child's abilities and celebrate them!



As parents, you will have a constant urge to protect, control and dominate your child's life as they are young and naïve. But for once..... just try and let it go, let them grow! Your child is a nestling, let them turn into a bird. Let them learn to fly and fathom the sky on their own. Let them fall and fly again.

Sit back and relax. Parenting can be difficult, but it's fun too!



Follow the link for a laugh: <https://www.youtube.com/watch?v=TP8RB7UZHKI>

All that your child needs for a healthy growth is one eye to eye conversation with you in a day, a pat on the back, a simple hug and a few moments with you before they go to sleep. Keep it as simple

as
is
true



you can. **Simplicity**
the keynote of all
Elegance!

